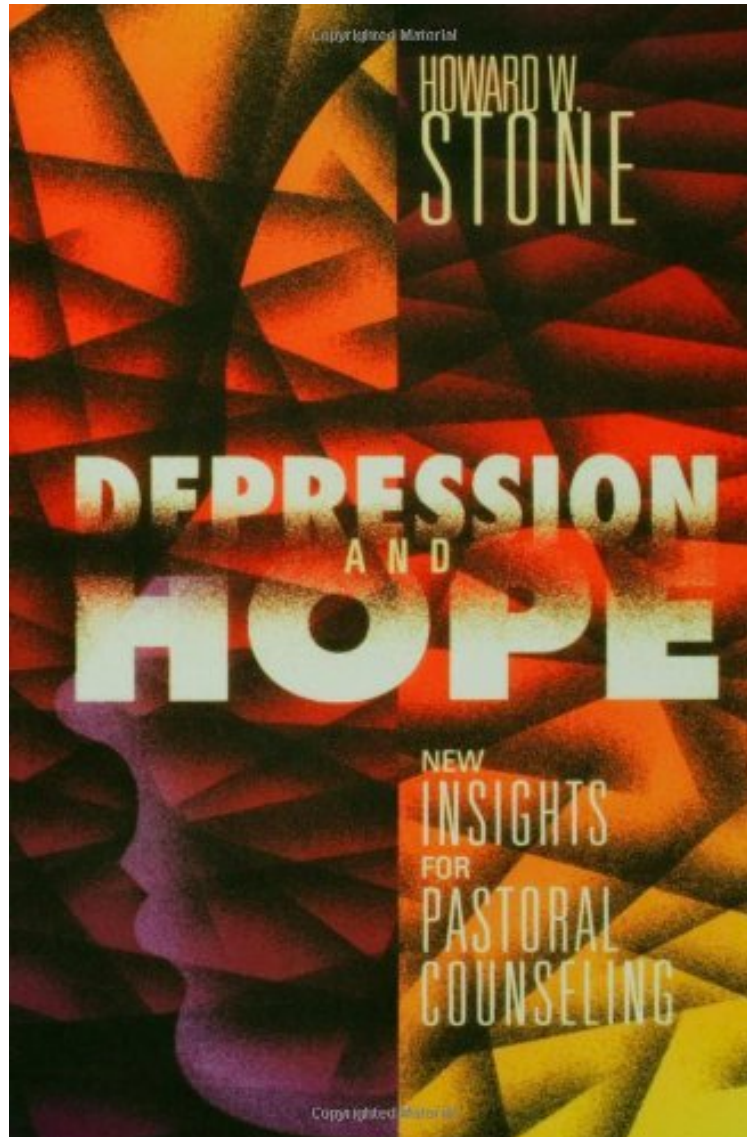


[Download] Depression and Hope: New Insights for Pastoral Counseling

## Depression and Hope: New Insights for Pastoral Counseling

Von Howard W. Stone

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**Von Howard W. Stone : Depression and Hope: New Insights for Pastoral Counseling** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Depression and Hope: New Insights for Pastoral Counseling:

Kundenrezensionen Hilfreichste Kundenrezensionen 0 von 0 Kunden fanden die folgende Rezension hilfreich. Table of Contents Von Ein Kunde Introduction: A View of Depression (Depression on the Rise, The Depressed as Church Members) PART ONE: ASSESSMENT Chap 1: Characteristics of Depression (Causes of Depression, Major

Depression, Grief, Alcohol). Chap 2: Melancholy and Spiritual Desolation (Dark Night of the Soul, Accidie, Desolations, Anfechtungen, Discernment). Chap 3: Suicide and Depression (Assessing Suicide Risk, The Minister's Response to Suicide). Chap 4: Family Life of the Depressed (Impact of Depression on Interpersonal Relations, Marriage and Depression, Gender Differences, Children and Adolescents). Chap 5: Framing Hope (Reframing, Establishing Future Goals, Hope-Oriented Conversation, Strengths). PART TWO: ACTION Chap 6: Brief Pastoral Counseling of Depression: A Fourfold Approach (Assessment of Depression, How Clergy Think about Depression, The First Session, Counseling Methods). Chap 7: Interpersonal Interventions: Strengthening Intimate Relationships (Relationships of the Depressed, Life with a Depressed Person; Individual, Couple and Family Counseling, Communication, Problem Solving and Change). Chap 8: Physiological Interventions: Prozac and Beyond (Physiological Vulnerability, Body Image, Hormones, Types of Antidepressant Medications, Sleep Disturbances, Exercise). Chap 9: Cognitive Interventions: Changing How People Think (Misinterpreting Experience, Information-Processing Errors, Changing How the Depressed Think, Countering Rumination). Chap 10: Behavioral Interventions: Shifting from Passive to Active Mode (Getting Active, Homework Tasks, Control, Obstacles to Getting Active, Helpful Activities for the Depressed, Counseling Methods to Change Behavior, Prescribing Depression).

KurzbeschreibungA no-nonsense guide to depression for pastoral counselors.KurzbeschreibungA no-nonsense guide to depression for pastoral counselors.