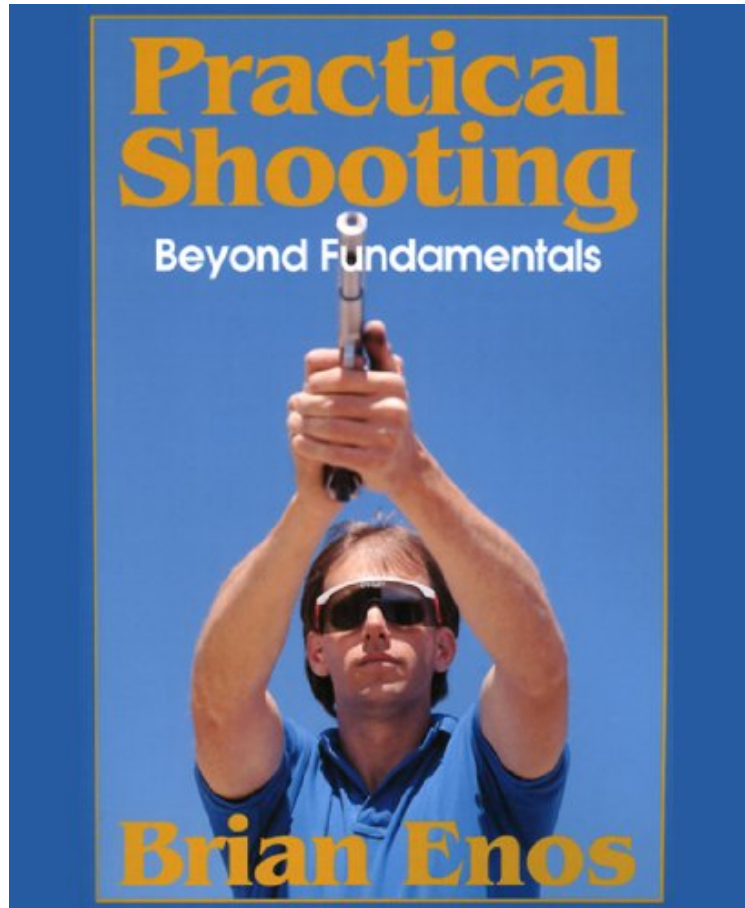


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Practical Shooting, Beyond Fundamentals (English Edition)

Von Brian Enos

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Von Brian Enos : Practical Shooting, Beyond Fundamentals (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Practical Shooting, Beyond Fundamentals (English Edition):

KurzbeschreibungBrian Enos's Practical Shooting, Beyond Fundamentals - often considered the competitive shooters bible - includes in-depth coverage of the technical and mental aspects of training and competition, and will offer new insights as you continue to improve."There is only one person in the world who I would allow to talk to my students, and that is Brian Enos." - Rob Leatham, 15+ time National World IPSC Champion.This isn't just another "how to fire a gun" book. This one talks about shooting....The keys to consistent, high-speed shooting are within you right now. This book will show you ways to bring them out. Through Brian's advice, you'll learn how to recognize and break

down the barriers that are limiting your performance you may begin to look at shooting in an entirely different way. You'll learn to pressure-proof your match performance, how different types of shooting require different focal points, and you'll see how to develop an attitude that will let you reach beyond what you thought was your potential. You'll find a comprehensive set of exercises that will develop and sharpen your skills. You'll see how it's possible to drive the gun to wherever your eye can look. You'll discover that everything you need to know about your technique is told by the gun, if you know how to listen to it. And all the challenges and advanced techniques of practical shooting are covered too: prone, barricade, single-hand shooting, multiple targets, reloading, shooting on the move, and much more. You'll also get inside tips on IPSC strategies, steel shooting, shootoff tactics, Bianchi, and more. Chapters include: - Awareness Focus - Tools of Shooting - Creative Shooting - Specific Challenges - Competition - Development - Shooting Tools - Revolver Shooting - Group Shooting

The Author Brian Enos is a Master Champion, two-time Bianchi Cup winner, and has placed in the top-5 at every major practical shooting event, including two second-place finishes at the Steel Challenge and the IPSC Nationals. He is also a certified Combat Master.

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