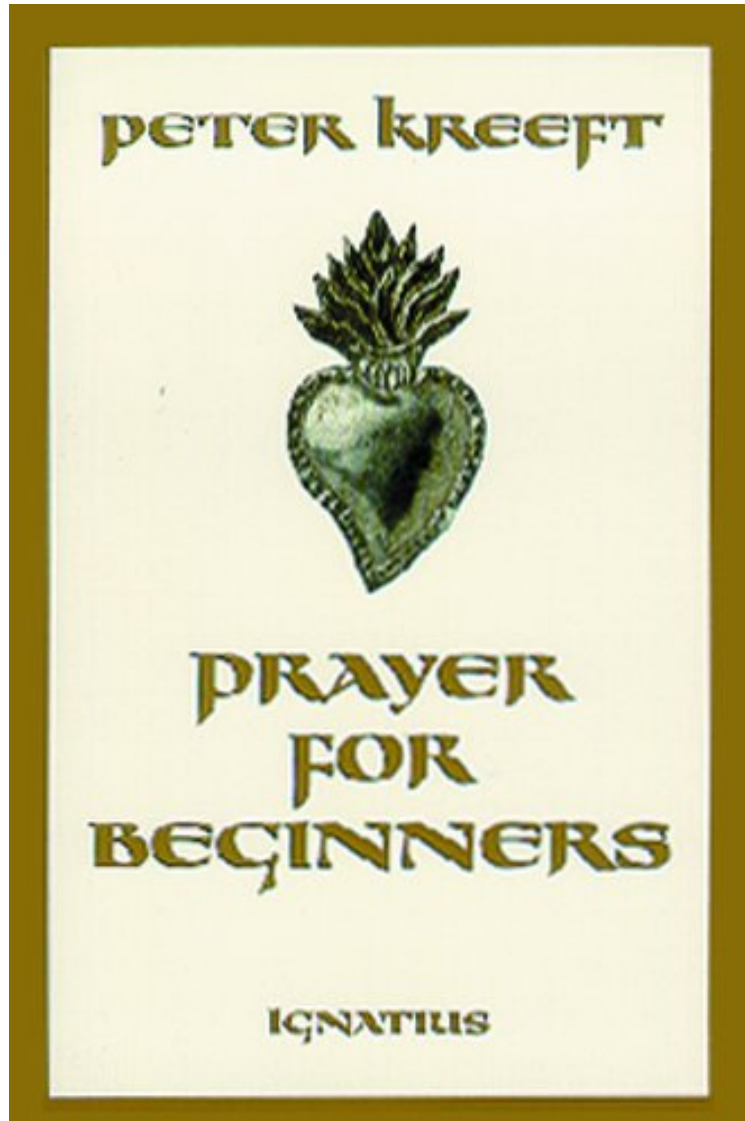


[Ebook free] Prayer for Beginners

## Prayer for Beginners

*Von Peter Kreeft*

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**Von Peter Kreeft : Prayer for Beginners** before purchasing it in order to gage whether or not it would be worth my time, and all praised Prayer for Beginners:

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. Highly recommended for those who don't know how to begin. Von Ein KundeThis book is a wonderful guide for anyone who wants to begin praying in a more meaningful way, but doesn't know how to begin. It has changed my prayer life immeasurably... and I can feel my every day life being transformed as well.I spent years thinking that I was doing something wrong when I prayed. I never felt any kind of internal "high," which I assumed was a sign that I was truly

praying. I always felt rather like a fraud when I prayed, because I was sure I was doing something wrong. This book helped me in so many ways. It dispelled the myth that there is some kind of special "feeling" you get when you pray. There is a list of ten reasons to pray that really opened my eyes up to why this is so necessary... the first one is that "only prayer can change the world," and that is so powerful all by itself. It doesn't tout a method of prayer, but gives strategies to begin and keep praying. It talks about what faith really means: "God said it, and I believe it, and that's that." Most helpfully, it opened my eyes to the value and peace of praying in "words." Reciting the Lord's Prayer or prayerfully reading the Psalms isn't taking the "easy way out," as I always assumed. I always had the impression that "real" prayer is some kind of wordless conversation with God, and that only children need words to recite. Peter assures the reader that "mental prayer" is more difficult, and it comes naturally for very few people. The rest of us can be assured that we are not cheating by using the words of others to open ourselves to God. I am Catholic, and this book is geared toward Catholics. However, I would recommend it for any Christians struggling with getting started.

**Kurzbeschreibung** Peter Kreeft brings his unique insights to this most important area of our spiritual lives. He claims he himself is still a beginner in prayer, and this book is for all those, like him, who feel that they are not good at praying but desire to become much better at it. Thus, Kreeft offers simple, but profound advice and practical steps for developing a prayer life based on the time-tested wisdom of the saints and great spiritual writers, especially the principles found in Brother Lawrence's classic, *The Practice of the Presence of God*. In short, straight-forward and unsentimental chapters, Kreeft covers all the key areas for understanding and developing that intimate form of communication with our Creator that we call prayer. He covers such areas as the necessity of prayer, various motives and methods, steps, patience, suffering, sin, faith, and grace.

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den Autor und weitere Mitwirkende Peter Kreeft, Ph.D., Professor of Philosophy at Boston College, is one of the most respected Christian authors of our time. His many bestselling books cover a vast array of topics in spirituality, theology, and philosophy. They include *How to Be Holy*, *Practical Theology*, *Back to Virtue*, *Because God Is Real*, *You Can Understand the Bible*, *Angels and Demons*, *Heaven: The Heart's Deepest Longing*, and *A Summa of the Summa*.