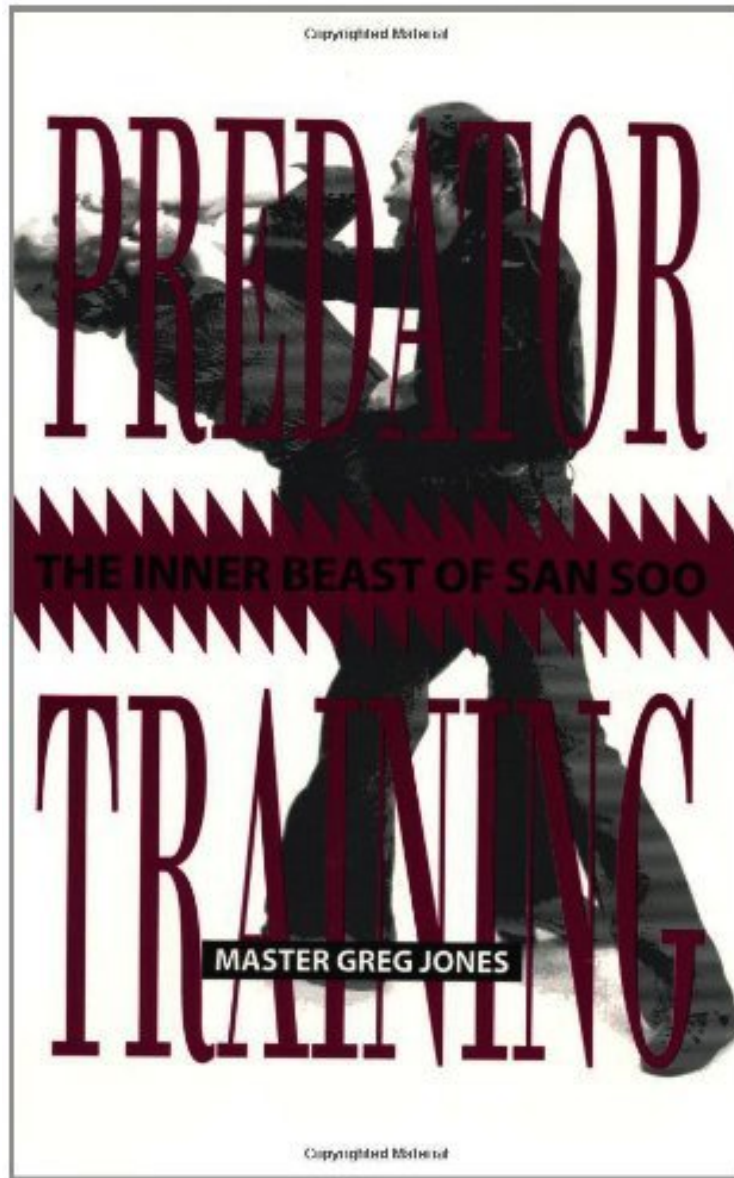


(Download free ebook) Predator Training: The Inner Beast Of San Soo

## Predator Training: The Inner Beast Of San Soo

*Von Greg Jones*

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**Von Greg Jones : Predator Training: The Inner Beast Of San Soo** before purchasing it in order to gage whether or not it would be worth my time, and all praised Predator Training: The Inner Beast Of San Soo:

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. another fantastic example of the greatness of master jonesVon Ein Kundethis book teaches us how to control our thoughts and reactions before during and after a physical confrontationor potential confrontations he helps prepare you mentallyfor

any situation like sucker punchers or more than one attacker at the same time. read and study this book and never be caught off guard again mentally or physically.

0 von 0 Kunden fanden die folgende Rezension hilfreich. The psychology of Kung-Fu San Soo

Von Ein Kunde This is the second book written by Master Greg Jones on the devastating martial art called Kung-Fu San Soo. The book goes deep into the psychology of Kung-Fu San Soo, called Fut Ga by the practitioners of the art. This is a no non-sense approach to fighting. It deals with the kill or be killed reality of the mean streets. This book covers a wide range of options dealing with street survival. It covers how to deal with weapons, multiple attackers, and how to destroy any would-be criminal or thug that stands in your way and would try to do you harm. I first bought this book in 1993 when it came out, and have since read it three times. An excellent resource for beginners and for advanced students as well. A good read for those wanting to learn more about the ruthless mind-set of Kung-Fu San Soo.

Kurzbeschreibung This follow-up to the best-selling Sudden Violence takes you deeper into the aggressive psychology and ruthless techniques of kung fu san soo. Master Jones helps you develop the "beast" within you and reveals how it can be harnessed into a ferocious fighting force that no attacker can withstand.

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