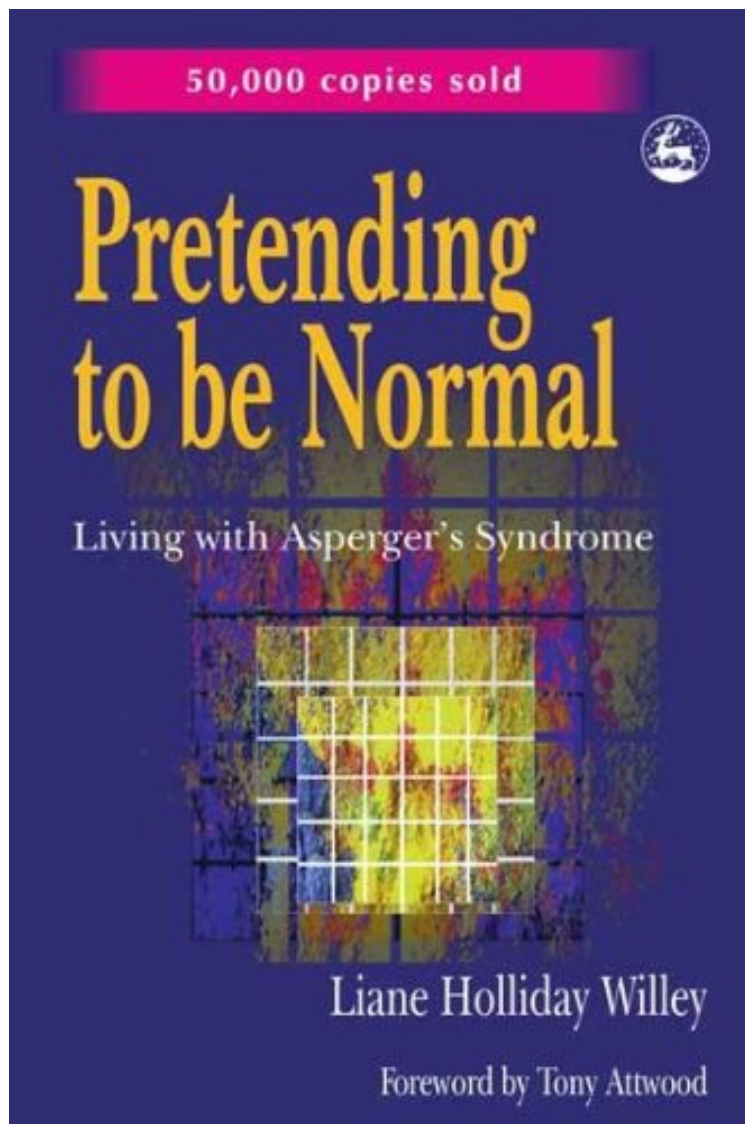


(Mobile ebook) Pretending to be Normal: Living with Asperger's Syndrome

Pretending to be Normal: Living with Asperger's Syndrome

Von Liane Holliday Willey
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Von Liane Holliday Willey : Pretending to be Normal: Living with Asperger's Syndrome before purchasing it in order to gage whether or not it would be worth my time, and all praised Pretending to be Normal: Living with Asperger's Syndrome:

KundenrezensionenHilfreichste Kundenrezensionen5 von 5 Kunden fanden die folgende Rezension hilfreich. A book to buy in bulkVon Politically AwareLiane's book has helped me to explain Asperger's syndrome to family, friends and educators. Many have told me it is the most readable of the Asperger's books. It is both funny and touching; it has

helped me to understand my own AS daughter better. I highly recommend this book to anyone who wants to either understand or explain to others what Asperger's Syndrome is all about.3 von 3 Kunden fanden die folgende Rezension hilfreich. Helpful book, but some overgeneralization Von Ein Kunde As the mother of a son with Aspergers, I am always eager to read anything written on the subject. This book was well written, interesting and helpful in understanding Aspergers, and I would recommend it. The only fault I really found with it was overgeneralization. I think at times the author assumes her own traits are traits that anyone with Aspergers would have. For example, she talks about having a poor sense of directions being a trait, when in fact I think many people with AS have an abnormally good sense of direction, including my son. I think such generalizations can hide the fact that people with AS, like all people, are very different than each other, and have their own very unique personalities. However, I don't mean to put this book down---it's a very valuable resource and a good read.4 von 5 Kunden fanden die folgende Rezension hilfreich. Insightful but sloppy Von Ein Kunde As the mother of a child with Asperger's, I found this book useful and reassuring. It spoke directly to a couple of my concerns, namely that my child will find love and have a family as an adult, and that my instinct to teach him to adapt, but not to eradicate his Asperger's, is correct. However, I had to work pretty hard to appreciate the book's insights because it is so clumsily written and apparently untouched by an editor's pen. I kept getting distracted by my mental corrections of the author's grammatical and stylistic errors, which were rampant (I'm a little compulsive, but no, I don't have Asperger's myself). Everyone needs an editor. A publisher who doesn't provide it just makes their authors look bad.

Kurzbeschreibung Pretending to be Normal tells the story of a woman who, after years of self-doubt and self-denial, learned to embrace her Asperger's syndrome traits with thanksgiving and joy. Chronicling her life from her earliest memories through her life as a university lecturer, writer, wife and mother, Liane Holliday Willey shares, with insight and warmth, the daily struggles and challenges that face many of those who have Asperger's Syndrome. Pretending to be Normal invites its readers to welcome the Asperger community with open acceptance, for it makes it clear that, more often than not, they are capable, viable, interesting and kind people who simply find unique ways to exhibit those qualities. The last part of the book consists of a series of substantial appendices which provide helpful coping strategies and guidance, based on the author's own experience, for a range of situations. This positive and humane book will provide not only insight into the Asperger world which will prove invaluable for the professionals who work with people with Asperger's Syndrome, but also hope and encouragement for other people with Asperger's Syndrome, their families, and their friends. Pressestimmen This accomplished author demonstrates incredible insight into her AS, and how it has shaped her life. She is courageous in sharing with the reader moments clearly painful to recall, which offers parents a rare peek inside the world of their children. At times mesmerized by her poetic style, Willey is the first AS author to effectively convey the emotion and isolation experienced by these individuals. -- ASPEN Newsletter For families living with "Aspies" and professionals working with them, this is highly recommended to further understand the challenges of Asperger Syndrome -- Joan Wheeler, Coordinator, Regional Services This autobiographical narrative details the life of a woman with Aspergers Syndrome (AS), a mild form of autism. It focuses on the obstacles she confronts, her means of overcoming them, and her ultimate recognition and acceptance of her status as an "aspie"...The book will be an aid for people who have AS and it may be even more useful for those who do not have it, but who are close to someone who does. -- Disability Studies Quarterly The book will be of great benefit to everyone concerned to help children and adults with mild Asperger's syndrome, but most of all to the people who are themselves affected. -- Child Psychology and Psychiatry The author is a university lecturer who found that many of the puzzles of her own life fell into perspective when, after several years of knowing one of her twin daughters was different from the other, she eventually found someone who listened and explained Asperger's Syndrome. She vividly describes her own difficulties and emotions as she herself grew up with Asperger's Syndrome...Her story is told simply and through it we gain insight into what it is like to lose your way in your own home town, be assaulted by your heightened senses and attempt to unravel the mysteries of social communication. In the appendices she describes the strategies that have been of most help to her. This book is a testimony to the exceptional qualities of those who have Asperger's Syndrome. -- Therapy Weekly Before reading this book I had some academic knowledge of the symptoms of Asperger's Syndrome which had stimulated my curiosity about what it might be like to suffer from the condition. I looked forward to reading the book to see if it would help me to understand how a person with Asperger's might think and feel. I was not disappointed. The book is well written and easy to read and I found it hard to put down. I felt the author's descriptions of her struggles to communicate with others and cope with sensory overload gave me a real insight into how Liane thinks and feels. It also gave me food for thought about conformity pressures in our society and how we treat people who seem different from the norm... This is a hopeful and optimistic book. Liane is a doctor of education and she is happily married with three children. I used the words "suffer from Asperger's syndrome" deliberately in the first paragraph as that is how I saw it. Liane has a different view - she does not minimise the difficulties she has had to face but she does not wish she was different. She challenges us to think about what we mean

by the word 'normal' and to be less rigid in our thinking about 'normal' behaviour. I believe this is a valuable read for all counsellors and will give them much food for thought. Asperger's syndrome occurs with varying levels of severity. Hopefully, reading the book will help counsellors to work more effectively with clients who may have the syndrome to some degree and to avoid labelling them as difficult. It would also be very useful for clients where they or one of their relatives might have Asperger's Syndrome. -- *Relate News* Liane's autobiography will allow others to understand the world as perceived by a person with Asperger's Syndrome ... I strongly recommend this book for teachers as it will provide the previously elusive reasons for behaviours that were considered unconventional or appeared to be abnormal. Specialists and therapists who diagnose and treat such children will find the book a treasure trove of information and insight ... [this] book will be an inspiration for thousands of people throughout the world. -- From the Foreword by Tony Attwood *Pretending to Be Normal* reads like an information-filled memoir, but the real strength of the book can be found in the appendices. There Aspies will find concrete suggestions for dealing with employment issues, sensory perceptions problems, and making conversation. Neurotypicals will find useful points for understanding those on the spectrum. -- *GeekMom.com* *Kurzbeschreibung* *Pretending to be Normal* tells the story of a woman who, after years of self-doubt and self-denial, learned to embrace her Asperger's syndrome traits with thanksgiving and joy. Chronicling her life from her earliest memories through her life as a university lecturer, writer, wife and mother, Liane Holliday Willey shares, with insight and warmth, the daily struggles and challenges that face many of those who have Asperger's Syndrome. *Pretending to be Normal* invites its readers to welcome the Asperger community with open acceptance, for it makes it clear that, more often than not, they are capable, viable, interesting and kind people who simply find unique ways to exhibit those qualities. The last part of the book consists of a series of substantial appendices which provide helpful coping strategies and guidance, based on the author's own experience, for a range of situations. This positive and humane book will provide not only insight into the Asperger world which will prove invaluable for the professionals who work with people with Asperger's Syndrome, but also hope and encouragement for other people with Asperger's Syndrome, their families, and their friends.