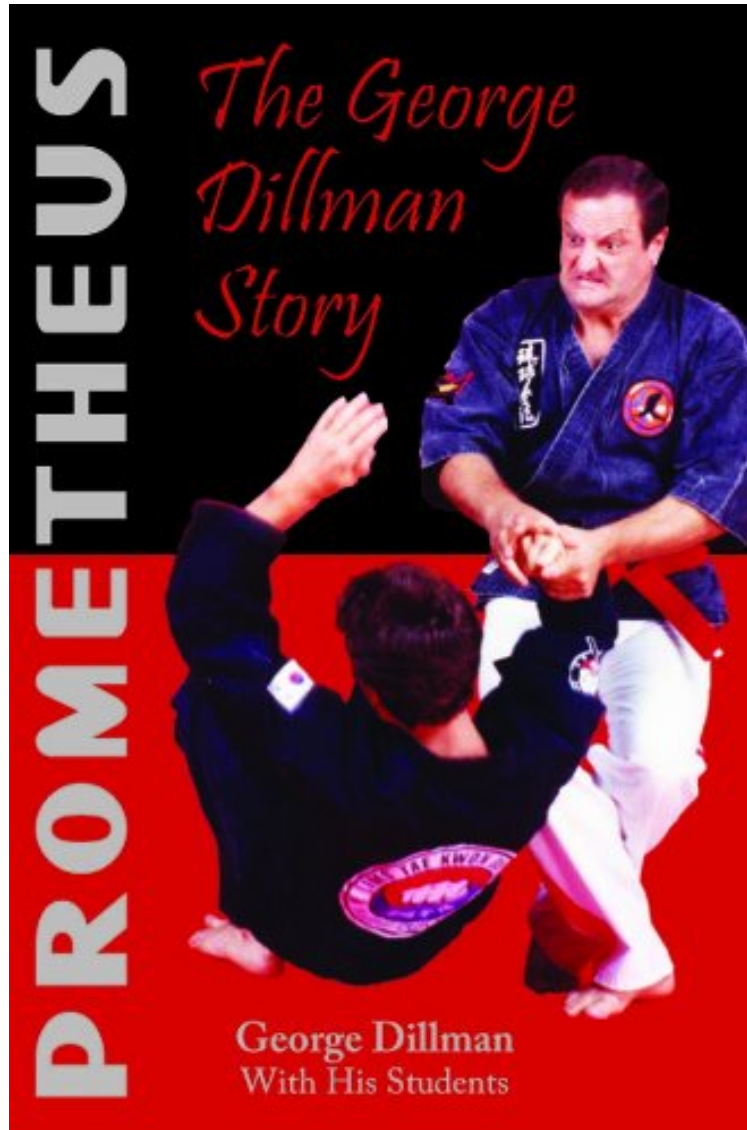


(Read free) Prometheus: The George Dillman Story

Prometheus: The George Dillman Story

Von George Dillman

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Von George Dillman : Prometheus: The George Dillman Story before purchasing it in order to gage whether or not it would be worth my time, and all praised Prometheus: The George Dillman Story:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Wer's glaubt...Von Marc O. SigleGeorge Dillman aus Reading im US-Bundesstaat Pennsylvania begann 1960 mit seinem Training in Okinawa Kenpo Karate. Spter trainierte er auch Isshin Ryu und Shorin Ryu. 1973 zhlte ihn das Official Karate Magazine zu den zehn besten Kata-Wettkmpfern. Auerdem machte sich Dillman durch seine Eisbruchtests

einen Namen. Mitte der achtziger Jahre begann er, seine Methode des Kampfes mit Nervendruckpunkten vorzustellen. Dadurch soll es möglich sein, einen Angreifer mit nur einem Klaps k.o. zu schlagen. Mein Interesse an George Dillman kam 1990 auf, als ich in der amerikanischen Zeitschrift Black Belt einen Artikel über seine Methode las, Gegner durch bestimmte Nervendruckpunkte ins Reich der Trume zu schicken. All die Punkte und Techniken sind in den traditionellen Karate-Kata versteckt, wie es darin. Da ich mich schon immer besonders für Kata interessiert hatte, war durch diesen Satz mein Interesse geweckt worden. Als zwei Jahre später sein erstes Buch erschien, war ich wahrscheinlich sein erster Leser in Deutschland. Dillman erklärt darin, dass meist mehr hinter einer Karate-Technik steckt, als für das bloße Auge sichtbar ist. So kann ein Block nach unten auch als Armhebel oder als Schlag auf einen Nervenzentrum verwendet werden. Inzwischen ist Dillmans Methode auch in Deutschland verbreitet, zahlreiche Lehrer, die vor zehn Jahren noch nichts von Kyusho-Jitsu gehört haben, unterrichten es heute mehr oder weniger kompetent auf Seminaren. Da sich George Dillman selbst zu den ganz Großen der internationalen Kampfkunstszene zählt, hat er jetzt seine Autobiografie veröffentlicht. Der Titel: Prometheus The George Dillman Story (ISBN 978-1-935826-28-6). Prometheus soll einst den Menschen das Feuer gebracht haben vielleicht ist dieser Schuh ein bisschen groß für den amerikanischen Karate-Lehrer. Trotzdem macht die Lektüre Spaß. Es finden sich darin viele alte Bilder und Stories aus Dillmans Zeit mit Bruce Lee, Muhammad Ali und Ed Parker. Außerdem erklärt er einige Prinzipien seines Systems, die er in seinen anderen Büchern noch nicht veröffentlicht hat. So ist Prometheus ein Muss für die, die an Dillmans System glauben die anderen wird es nicht interessieren.

Kurzbeschreibung Prometheus is the first and only biography "authorized or otherwise" of Grandmaster 10th-Degree Black Belt, George A. Dillman . . . irrefutably one of the pioneers of the Eastern martial arts in post-World War II America. For anyone with an interest in the evolution of these arts in the West, Dillman's experience provides a veritable Who's Who of those exciting times. The author is acknowledged as perhaps the foremost authority on Pressure Point Theory applied to the martial arts in the U.S. Prometheus details the kind of hard science that Dillman engaged and sponsored (cadaver studies, EKG studies, electrical and neurological monitoring, thermal imaging) of Eastern Pressure Point Theory. Three medical doctors and a SWAT officer, among his highest ranking students, add their expertise to this book with reports of their investigations of Dillman's methods. Having trained under the likes of Harry Smith, Danny Pai and Hohan Soken, Dillman was one of the most-awarded competitors on the tournament circuit in the 1960s and '70s, and received advanced instructor certifications in a wide variety of martial arts. Dillman was always dedicated to sharing the work's benefits for both health and self-defense. During the 1980s and '90s, for example, he partnered with other great Headmasters, Wally Jay (Small Circle Jujitsu), Remy Presas (Modern Arnis) and Leo Fong (Wei Kuen Do), to give seminars all over the world. With testimonies from 50 of his peers and students (now teachers), the book is a record of his contributions to others, both personal and professional. As much of the narrative is offered in Dillman's own words, the reader meets the man himself, his unvarnished prose, his quirky interactions with animals (even cougars and bears!), his irrepressible sense of humor, and his sheer determination in pushing limits in whatever he undertook. George is now the CEO of Dillman Karate International, a global organization with hundreds of affiliated schools and tens of thousands of students. Kurzbeschreibung Prometheus is the first and only biography "authorized or otherwise" of Grandmaster 10th-Degree Black Belt, George A. Dillman . . . irrefutably one of the pioneers of the Eastern martial arts in post-World War II America. For anyone with an interest in the evolution of these arts in the West, Dillman's experience provides a veritable Who's Who of those exciting times. The author is acknowledged as perhaps the foremost authority on Pressure Point Theory applied to the martial arts in the U.S. Prometheus details the kind of hard science that Dillman engaged and sponsored (cadaver studies, EKG studies, electrical and neurological monitoring, thermal imaging) of Eastern Pressure Point Theory. Three medical doctors and a SWAT officer, among his highest ranking students, add their expertise to this book with reports of their investigations of Dillman's methods. Having trained under the likes of Harry Smith, Danny Pai and Hohan Soken, Dillman was one of the most-awarded competitors on the tournament circuit in the 1960s and '70s, and received advanced instructor certifications in a wide variety of martial arts. Dillman was always dedicated to sharing the work's benefits for both health and self-defense. During the 1980s and '90s, for example, he partnered with other great Headmasters, Wally Jay (Small Circle Jujitsu), Remy Presas (Modern Arnis) and Leo Fong (Wei Kuen Do), to give seminars all over the world. With testimonies from 50 of his peers and students (now teachers), the book is a record of his contributions to others, both personal and professional. As much of the narrative is offered in Dillman's own words, the reader meets the man himself, his unvarnished prose, his quirky interactions with animals (even cougars and bears!), his irrepressible sense of humor, and his sheer determination in pushing limits in whatever he undertook. George is now the CEO of Dillman Karate International, a global organization with hundreds of affiliated schools and tens of thousands of students.