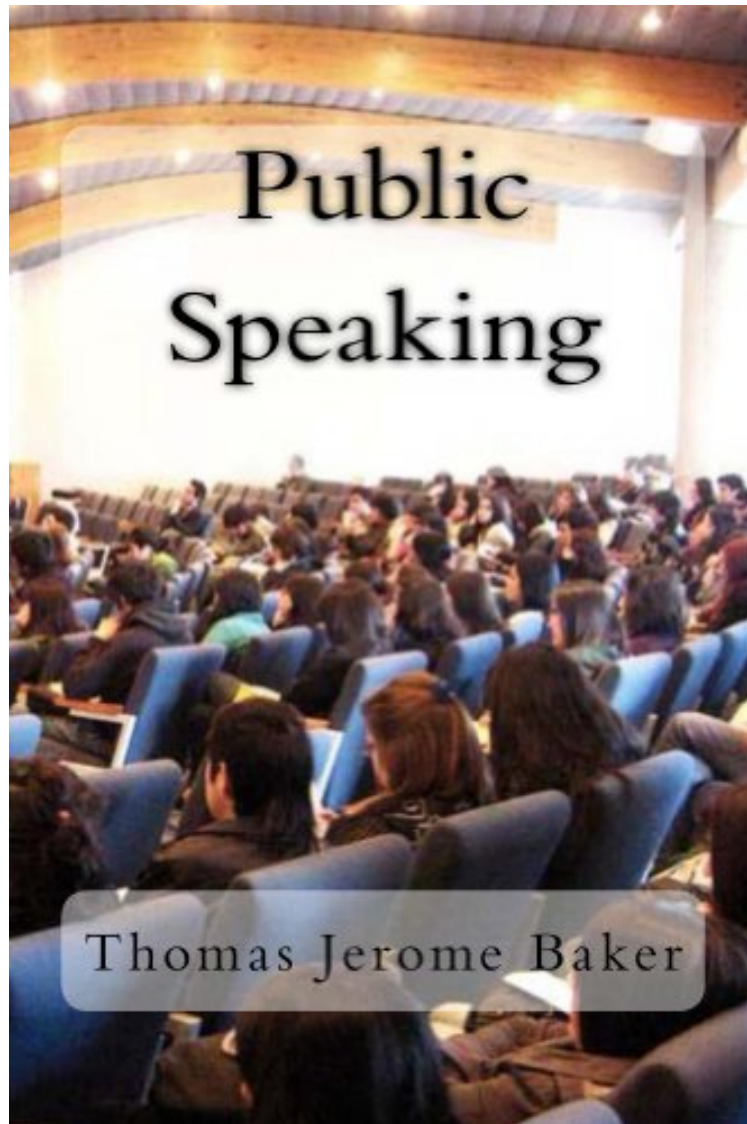


[Free read ebook] Public Speaking: What Amazing Nonsense You Are Talking! (English Edition)

Public Speaking: What Amazing Nonsense You Are Talking! (English Edition)

Von Thomas Jerome Baker

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Von Thomas Jerome Baker : Public Speaking: What Amazing Nonsense You Are Talking! (English Edition) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Public Speaking: What Amazing Nonsense You Are Talking! (English Edition):

Kundenrezensionen Hilfreichste Kundenrezensionen 0 von 0 Kunden fanden die folgende Rezension hilfreich. Recommended. Von The Wizard of Oz Thomas Baker is a professor who is sought after to speak to students at all

levels, and with good reason. He is a very smart man with much to say. But it didn't always come easy for him. This book shows where he came from, how far he has come, and how he got from where he was to where he is. Anyone with even the slightest interest in public speaking NEEDS a copy of this book at their disposal. Learn from one of the best around.

0 von 0 Kunden fanden die folgende Rezension hilfreich. Excellent help with the challenge of public speaking

Von Convoke

The hidden trauma of personal development is often . . . public speaking. Eek! you say. Thomas Jerome Baker knows your innermost fears and write this book to help you deal with them. An educator and writer known worldwide, Baker's help is always useful while remaining sensitive. Baker reminds us of what James Baldwin says: To be a good public speaker, never give up. Face your fear. Not everything that is faced can be changed, but nothing can be changed until it is faced. ~ James Baldwin And reminds us of even more: advice all the way back to antiquity and Demosthenes Baker tells us "In this book, I share my story, from a variety of angles, of how I face my fear of public speaking. I don't preach, I don't lay out a magic formula. I simply share different ways I deal with public speaking, from a variety of viewpoints, stories, activities, some old, some new. I study people, I do what ancient speakers did to train themselves, like Demosthenes, an ancient Greek lawyer from Athens who was often humiliated and made fun of due to a speech impediment before becoming a much admired public speaker. And then who can forget England's King George, a man with a stammer and a nation to lead. To lead a nation, in wartime, you must speak to your people - in public - in spite of your speech impediment, despite the stammer, despite the fear." More even than that, Baker gives you ways to customize your learning, overcome your particular fears. In a world where many have information, a much fewer number have knowledge, Thomas Jerome Baker falls into the rarest and most esteemed of categories: he has wisdom -- and shares it. This reviewer hopes to have helped you understand what wisdom Baker's new book brings. If you are someone who needs this book, or if you know someone who needs this book, buy it. Thomas Jerome Baker will not let you down: you'll be proud to bought this one, read it, or given it as a gift. Start clicking....

0 von 0 Kunden fanden die folgende Rezension hilfreich. Pleasant surprise

Von reader2010

I must admit to wondering what Mr. Baker had in store for me when I take up one of his books. The one on bringing Chile up to speed with English as a second language, was not a dry tome. That book gave me a look into the heart and soul of a teacher. Very informative. With a great deal of interest, I cracked this one on public speaking. Having done some public speaking myself, I fully enjoyed the references to his own trials with the experience. Where this book stands out is in the meat he has put on the bones. Once again I was pleasantly surprised. No dry dusty slogging necessary. I do encourage you to follow the links in the content. My e-reader took me to some very interesting places when I tapped on those links. You wouldnt think you would find yourself laughing over a subject like public speaking, but I was. I was also encouraged and inspired. This is more than a book on getting up before a crowd and giving a speech, it is once again a look into the writers heart and an inspiration to do a better job myself. The book actually did what the author tries to do when giving a presentation and I did learn from it. Excellent book.

Kurzbeschreibung

To be a good public speaker, never give up. Face your fear. Not everything that is faced can be changed, but nothing can be changed until it is faced. ~ James Baldwin

In this book, I share my story, from a variety of angles, of how I face my fear of public speaking. I don't preach, I don't lay out a magic formula. I simply share different ways I deal with public speaking, from a variety of viewpoints, stories, activities, some old, some new. I study people, I do what ancient speakers did to train themselves, like Demosthenes, an ancient Greek lawyer from Athens who was often humiliated and made fun of due to a speech impediment before becoming a much admired public speaker. And then who can forget England's King George, a man with a stammer and a nation to lead. To lead a nation, in wartime, you must speak to your people - in public - in spite of your speech impediment, despite the stammer, despite the fear. I share people and stories and activities that helped me. I am convinced you will be helped, there is something here that will aid you in overcoming your fear. At the very least, by knowing my experience, you will know that public speaking fear is normal, and using the information that helped me, begin to search for your own way of dealing with your fear. In fact, it must be your way. You are the one who suffers, and you must help yourself. Know you are not alone. I admit that speaking in public scares me to death, and I am a teacher of English, a leader, a person responsible for helping young people reach their full human potential. Nonetheless, I am afraid of public speaking, always have been, and always will be. That fear is constant. It is a feeling of sheer terror, when you are about to open your mouth in public, and risk humiliation if what you say, or dont say, is foolish. It is the kind of fear that is best resolved by simply, well...just being quiet, literally keeping your mouth closed. Except that doesn't make the problem go away, it only defers it for another day. It's like being haunted by a ghost, when the night comes, the phantom returns, the fear of public speaking visits us again. Most people are afraid of public speaking, many to the point of a phobia. I am afraid of public speaking, just like you are. We worry about being embarrassed, making a fool of ourselves, getting humiliated by something we said. In fact, some people become absolutely terrified, paralysed, by the very thought of being shamed by public speaking. In fact, many studies have shown that people fear public speaking more than death! This makes sense to me. Death happens only once, with public speaking we die a thousand

deaths! A common myth about the fear of public speaking is that its possible to completely eliminate it. In my case, I can't eliminate it, but I have learned to control it, to make it work for me, not against me. You can too. Even the most confident public speakers, people like Bill Gates, Barack Obama, Tina Fey, Warren Buffet, Socrates, Aristotle, Demosthenes, Cicero, Thomas Jerome Baker, will all tell you that they feel some degree of anxiety before stepping in front of an audience. Call it stage fright or phobia. Call it fear or simply nervous anticipation. The fact is, we all have to overcome nervousness when we have to talk in front of a group, large or small. As the stakes get higher, you will feel anxiety. The most common way to try to eliminate your public speaking phobia is by "desensitization". As with any phobia, you have to put yourself through the anxiety-inducing experience so many times, again and again, until your body stops reacting to it, or until you learn how to make your nervousness and anxiety work in your favor, and not against you. However, not only is this a long, difficult process, but most people give up before they reap the rewards for their efforts. If I have a secret, again, it's this: be perseverant. Never give up, and you will become the best public speaker you can be.

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ber den Autor und weitere MitwirkendeThomas Baker is the Past-President of TESOL Chile (2010-2011). He is the Past Coordinator of the English Department at Colegio Internacional SEK in Santiago, Chile. He is the Co-Founder and Co-Organiser of EdCamp Santiago 2012 Edcamp Chile 2013, free, participant-driven, democratic, conversation based professional development for teachers, by teachers. EdCamp Santiago 2012 was held at Universidad Mayor in Santiago. Edcamp Chile 2013 was held at Universidad UCINF. Thomas is also a past member of the Advisory Board for the International Higher Education Teaching and Learning Association (HETL), where he also serves as a reviewer and as the HETL Ambassador for Chile. Thomas enjoys writing about a wide variety of topics. Thus far, he has written the following genres: romance, historical fiction, autobiographical, sports history/biography, and English Language Teaching. He has published a total of sixty five (65) books, all available on Kindle (eBook) or as a Paperback on Createspace. The source and inspiration for his writing comes from his family, his wife Gabriela, and his son, Thomas Jerome Baker, Jr.