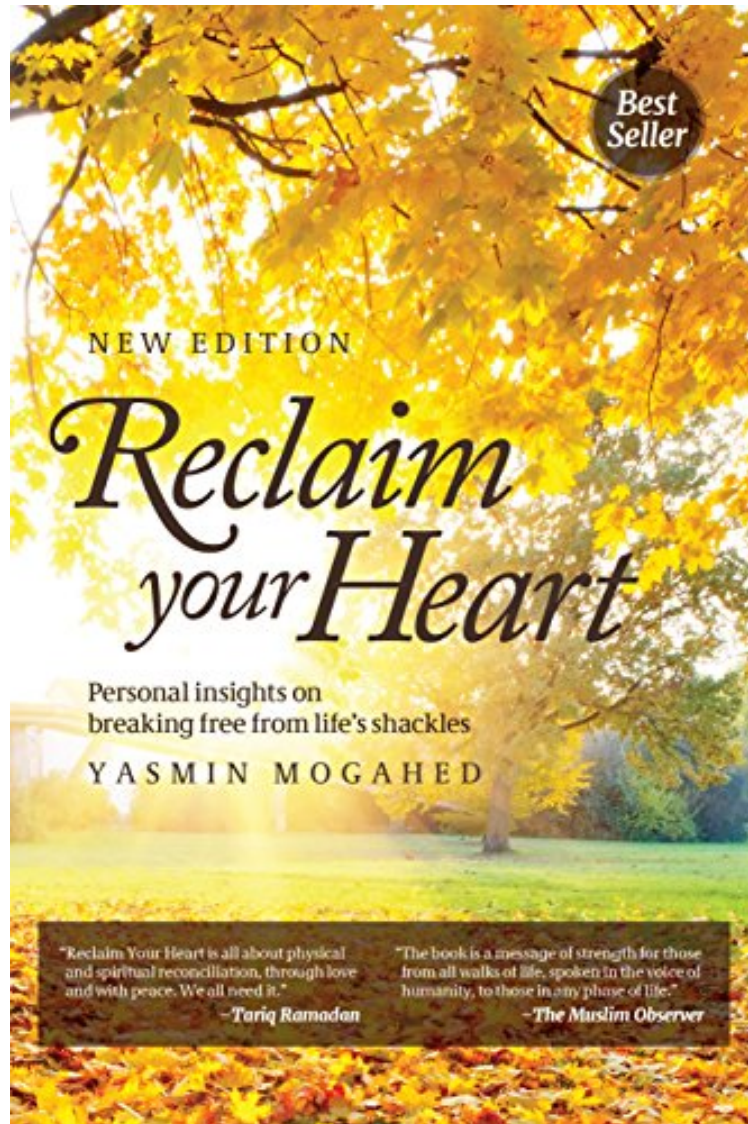


(Mobile pdf) Reclaim Your Heart: Personal insights on breaking free from life's shackles (English Edition)

## Reclaim Your Heart: Personal insights on breaking free from life's shackles (English Edition)

Von Yasmin Mogahed

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**Von Yasmin Mogahed : Reclaim Your Heart: Personal insights on breaking free from life's shackles (English Edition)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Reclaim Your Heart: Personal insights on breaking free from life's shackles (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen2 von 2 Kunden fanden die folgende Rezension hilfreich. Einfach berwltigend!Von M. F.Ich habe ber die letzten Monate viel an islamische Literatur gelesen, doch keiner dieser Bcher

hat meine Gedanken, mein Herz und meine Seele so sehr gepackt wie dieses Buch. Wer gerne nachdenkt und reflektiert, für den ist dieses Buch ein MUSS! Für all diejenigen, die Angst vor dem Buch haben, da es englischsprachig ist, die kann ich beruhigen, die Worte von Yasmin Mogahed sind sehr leicht zu verstehen. Appell: Bitte kauft euch dieses Buch und lasst euer Herz zurückgewinnen! 4 von 4 Kunden fanden die folgende Rezension hilfreich. Ein absolutes Muss von SEKER Tugba Das Buch bringt dich zum Nachdenken und Reflektieren über dein Leben. Es hat viele Antworten auf alltägliche Probleme und Situationen und gibt Motivation und Wege zur Lösung dessen. Außerdem hilft es dir im klaren zu werden, dass die Dinge, mit denen du dich am meisten beschäftigst auch jene sind, die in deinem Herzen sind. 2 von 2 Kunden fanden die folgende Rezension hilfreich. Amazingly Written! Von aceattack Masha Allah it is a wonderful reminder of the true purpose of our existence in this temporary home - the life on this earth. Recommended for Muslims and Non-Muslims who have become distracted by the rat race and are seeking to learn their purpose in life and return to it.

Kurzbeschreibung " ...simple, profound and elevating...a gift, full of hope and light.." - Tariq Ramadan, Professor "To put it simply, this book is a must have for every Muslim woman's library." - Azizah Magazine " ...Reclaim Your Heart gave me a whole new perspective on the purpose of life. I don't believe that anyone who reads this book could not benefit from its wisdom." - SISTERS Magazine Many of us live our lives, entrapped by the same repeated patterns of heartbreak and disappointment. Many of us have no idea why this happens. Reclaim Your Heart is about freeing the heart from this slavery. It is about the journey in and out of life's most deceptive traps. This book was written to awaken the heart and provide a new perspective on love, loss, happiness, and pain. Providing a manual of sorts, Reclaim Your Heart will teach readers how to live in this life without allowing life to own you. It is a manual of how to protect your most prized possession: the heart. Reclaim Your Heart is not just a self-help book. It is a manual about the journey of the heart in and out of the ocean of this life. It is a book about how to keep your heart from sinking to the depths of that ocean, and what to do when it does. It is a book about redemption, about hope, about renewal. Every heart can heal, and each moment is created to bring us closer to that transformative return. Reclaim Your Heart is about finding that moment when everything stops and suddenly looks different. It is about finding your own awakening. And then returning to the better, truer, and freer version of yourself. Kurzbeschreibung " ...simple, profound and elevating...a gift, full of hope and light.." - Tariq Ramadan, Professor "To put it simply, this book is a must have for every Muslim woman's library." - Azizah Magazine " ...Reclaim Your Heart gave me a whole new perspective on the purpose of life. I don't believe that anyone who reads this book could not benefit from its wisdom." - SISTERS Magazine Many of us live our lives, entrapped by the same repeated patterns of heartbreak and disappointment. Many of us have no idea why this happens. Reclaim Your Heart is about freeing the heart from this slavery. It is about the journey in and out of life's most deceptive traps. This book was written to awaken the heart and provide a new perspective on love, loss, happiness, and pain. Providing a manual of sorts, Reclaim Your Heart will teach readers how to live in this life without allowing life to own you. It is a manual of how to protect your most prized possession: the heart. Reclaim Your Heart is not just a self-help book. It is a manual about the journey of the heart in and out of the ocean of this life. It is a book about how to keep your heart from sinking to the depths of that ocean, and what to do when it does. It is a book about redemption, about hope, about renewal. Every heart can heal, and each moment is created to bring us closer to that transformative return. Reclaim Your Heart is about finding that moment when everything stops and suddenly looks different. It is about finding your own awakening. And then returning to the better, truer, and freer version of yourself.