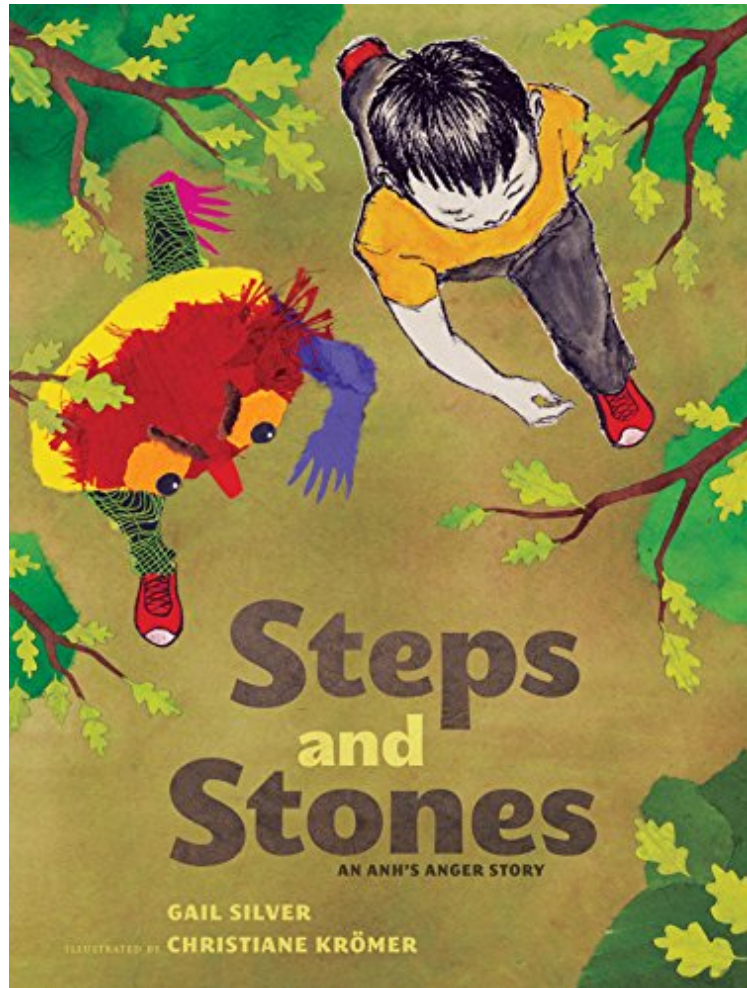


[DOWNLOAD] Steps and Stones: An Anh's Anger Story

## Steps and Stones: An Anh's Anger Story

Von Gail Silver

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**Von Gail Silver : Steps and Stones: An Anh's Anger Story** before purchasing it in order to gage whether or not it would be worth my time, and all praised Steps and Stones: An Anh's Anger Story:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Gotta love angerVon jaykaThe story is sweet and the illustrations awesome. It's has an important message to bring across, but is not at all preachy. Both the 4 and 7 year old like it.

KurzbeschreibungWhen Anhs friends leave and he feels left out at school, his anger shows up to keep him company. Anh the protagonist of Gail Silvers previous book Anhs Anger, is a typical and easy-to-relate-to elementary school-age boy. His anger, personified as a red hairy impulsive creature, teaches him some valuable lessons about not getting

carried away by his strong emotions. By counting his steps and coordinating them with his breathing Anh is able to slow down and take his anger for a peaceful and magically transformative walk. Reach and Teach.com called Anhs Anger, "One of the best books we've ever seen on the issue of dealing with anger." The New Yorker review highlighted how the book uses "deep breathing to regain control during a tantrum." And Zen Master Thich Nhat Hanh calls the Anhs Anger series, "a wonderful gift for both children and adults who want to learn how to turn unhappy situations into joyful ones." Steps and Stones the second of the Anhs Anger Story trilogy will help children learn to understand the causes of their own strong emotions, and teaches them peaceful ways to resolve difficulties through mindfulness and meditation. An invaluable tool for parents and teachers alike. Steps and Stones is beautifully illustrated by New York artist and children's book illustrator Christiane Krmer. Using a mix of paper, acrylic, cardboard, and found materials, her vibrant multi-textured collages reflect the connection between the characters and their environment and echo the wide range of emotions that come together in the story. Gail Silver writes: "If, at an early age, children become comfortable with identifying and articulating their anger, then they can feel confident working through anger in healthy ways during their adolescent years. There is a lot of adolescent violence in the news today. I am overwhelmed with pain and sadness every time I hear of an adolescent using a gun. While these teens are deeply troubled and have many problems, unresolved anger plays a part in their difficulty. I hope these books can be used as a preventative resource. We can only practice what we know or what we are willing to learn. My hope is that the Anhs Anger stories can contribute to a decrease in adolescent aggression and violence by teaching children at an early age how to safely understand and express their anger." Pressestimmen Silver and Krmer pair their considerable talents to create a successful second title in the Anhs Anger series. Silver's dialogue-driven text is likely to provoke meaningful discussions about dealing with disappointment and controlling tempers. Preschoolers and primary-grade students will appreciate Krmer's visual feast of pencil, paint and tactile collage elements used to vividly illustrate Anh's story. Sure to fill a niche for those tackling potentially thorny social situations, this straightforward and enlightened approach will appeal to many." Kirkus "This offbeat story makes the potentially cerebral topic of dealing appropriately with anger simple and delightfully visual. Krmer's predominantly green palette in collages combined with brush and pencil drawings is almost contagiously soothing, and makes the red of Anger visually exclamatory. In their second collaboration, Silver and Krmer (Anhs Anger) have developed a winning series." Publishers Weekly "My lessons on keeping your cool in school just got a whole lot better. This is the sequel to Anhs Anger and it is an ESSENTIAL resource...As a school counselor, I rely on books like this to help teach calming down techniques kids will actually use...I am thrilled to share such a healing book with our students, especially those who are stuck in constant anger. Parents, teachers, and counselors will appreciate having this on their shelf when they need to teach or reteach this important skill." Books That Heal Kids